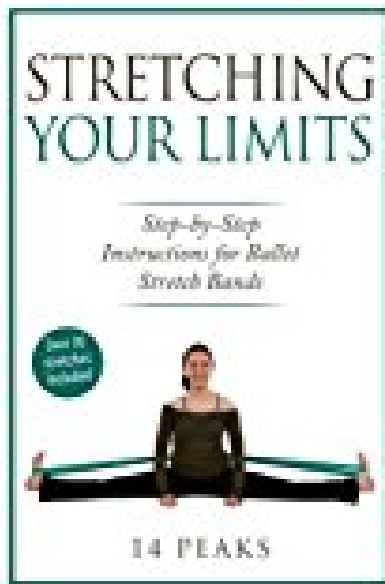


Stretching Your Limits 30 Step by Step Stretches for Ballet Stretch Bands



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